

Ukraine- List of Needs

Medication and medical supplies (not open, new, not expired)

Emergency laceration closures
Medical Sutures with needles (1/0-6/0)
Skin stapler with wires
Haemostatic dressings / Bandage cover
Chest seal with vent
Flu medication (Néocetran, etc)
Wound seal in powder
Antifungal cream for the feet
Lactated Ringers Solution 1000 ml in bag
Normal saline / 0.9% sodium chloride 1000ml in bag
Bandages, gauze and wound dressing
First Aid kits
Disinfectant swabs
Syringes
First aid tourniquets
Painkillers/Anti-inflammatories (Tylenol, Advil, Aspirin, Ibuprofen)
Anti-allergy (Benadryl)
Anti-diarrhea (Imodium)
Cut and burn creams (Polysporin)
Medical trauma scissors
Portable defibrillators

Survival products

Water filters for camping (or water treatment tabs)
Sleeping bags (can be used, but in good condition)
Flashlights (preferably solar)
Waterproof headlamps (preferably solar)
Raincoats for adults
Elbow and knees protection
Power banks (preferably solar)
Tactic military gloves
Ballistic eyewear (yellow, orange or transparent)
Wide belts extra long or military belts
Thermos for hot meals or beverages
Fleece men/women jackets (green, grey, black with zipper)

Baby products (new only)

New plastic bottles
Zincofax, panadol baby nasal drops, ear drops,
polysporin
Diapers and wet wipes
Baby formula (in powder and liquid)

Cereals and cookies
Fruit pure (no glass jars)
New clothes (0-3 yrs.)

Hygienic products

Pads, liners, tampons
Toothbrushes, toothpaste
Antiperspirant (not an aerosol)
Baby wet wipes
Soap bars
Socks for men, women, and kids (new)
Underwear for men, women, and kids (new)

Dry food (does not require cooking)

Fruit and/ or nut mix in individual packaging
Energy or oatmeal bars
Coffee/tea/sugar in individual packaging
Cookies in individual packaging
Instant oatmeal in individual packaging
Cereals and other snacks in individual packaging
Ramen instant noodles
Individual cans of fish (tuna, salmon, Sardines)
Instant mashed potatoes

Medication by prescription:

Rapid Insulin (Novorapid, Toronto G, Humalog)
Mixed Insulin (NPH)
Long acting insulin (Lantus, Basaglar)
Metformine
Medication against diabetes (children & adults) Injection
Antibiotics (Tazocin, Ceftriaxone and others)
Antibiotics in tablet form (Amoxiciline, Clavoline, Cefprofloxacin, Cefixime,
Azithromycin, Septra, Doxycyclin, Metronidazol, Clindamycin, Keflex)
Antibiotic in cream form (Fucidine, Bactroban and others)
Antibacterial bandages
Antifungals (Nystatine, Mycostatine et autres)
Antifungals in cream form (Clotrimazol, Canesten and others)
Anti-burn (bandages, creams Flamazine and other
For the respiratory tract : pumps Ventoline, Flovent, Advair, Spiriva and others
Antihistamines
Cardiovascular
Antihypertensives
Cardiac glycosides
Diuretics
Heparin

Here is a list of items that can be found on Amazon (we update the list every week):

<https://www.amazon.ca/hz/wishlist/ls/34QNHJ5U3J18>

Your purchases will be delivered to Ukrainian Church, packed and shipped to the East of Ukraine via Poland.

Monetary donations for Ukraine can be done by e-transfer to: Support.ua@atlanticukrainian.ca

Each purchase matters! Thank you very much for your contribution!